



PALMYRA ELEMENTARY SCHOOL LUNCH MENU

May 2011



BREAKFAST MENU

Monday

Assorted Cereal w/
Toast

Tuesday

Ham, Egg, Cheese on
an English Muffin

Wednesday

Cinnamon Bun

Thursday

Honey Wheat Bagel
w/ Jelly

Friday

Pancake Wrap

Daily Breakfast

Choices:

~Assorted Whole
Grain Cereals with
Toast

~Variety of Fresh
Bagels

~Hot Entrée


All breakfasts served
with
Fruit and
Low Fat Milk

Menu

Subject to Change



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<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SECOND CHOICE</u>
2. Cycle Day 4 Breaded Pork Patty Parsley Potatoes Garlic Bread Apple Milk	3. Cycle Day 5 Grilled BBQ Chicken Patty on Bun Golden Corn Diced Peaches Milk	4. Cycle Day 6 Chicken Pot Pie Broccoli & Cauliflower Dinner Roll Mandarin Oranges Milk	5. Cycle Day 1 *Cinco De Mayo* Steak Quesadilla w/ Sour Cream & Salsa Fiesta Rice Vegetable Medley Petit Banana Milk	6. Cycle Day 2 Beef BBQ on Bun Potato Wedges Fruit Cocktail Milk	MONDAY Golden Chicken Nuggets w/ fresh Roll
9. Cycle Day 3 Corndog Nuggets Seasoned Green Beans Applesauce Milk	10. Cycle Day 4 Fish Patty on Bun Broccoli & Cheese Diced Pears Milk	11. Cycle Day 5 Beef Chili Corn Bread 1/2 Baked Potato Orange Smiles Milk	12. Cycle Day 6 Salisbury Steak w/ Gravy Mashed Potatoes Dinner Roll Petit Banana Milk	13. Cycle Day 1 Chicken Ranch Wrap Side Salad Pineapple Tidbits Milk	TUESDAY Cheeseburger on a Bun
16. Cycle Day 2 Meatball Hoagie Crinkle Cut Fries Mixed Fruit Milk	17. Cycle Day 3 Chicken Stir Fry w/ White Rice Oriental Vegetables Banana Milk	18. Cycle Day 4 Cougar Bowl (Mashed Potato , Popcorn Chicken, Corn, & Gravy) Apple Dinner Roll Milk	19. Cycle Day 5 BBQ Pork Sandwich Golden Corn Peach Crisp Milk	20. Cycle Day 6 Chicken Tetrzzini (Chicken Pasta Dish) Tender Peas Orange Quarters Milk	WEDNESDAY Corn Dog on a Stick
23. Cycle Day 1 Hot Ham & Cheese Melt Tatar Tots Diced Pears Milk	24. Cycle Day 2 Baked Macaroni & Cheese Stewed Tomatoes Bread Stick Warm Apple Slices Milk	25. Cycle Day 3 French Toast Sticks Sausage Patties Potato Rounds 100% Orange Juice Milk	26. Cycle Day 4 I talian Dunkers w/ Marinara Sauce Seasoned Green Beans Applesauce Milk	27. Cycle Day 5 BBQ Rib Patty on Bun Scallop Potatoes Orange Quarters Milk	THURSDAY Breaded Chicken Patty Sandwich
30. <u>No School</u>	31. Cycle Day 6 Chicken Rings Oven Baked Fries Apple Milk				FRIDAY Our Own Pizza
Lunch & Breakfast Prices \$1.00— paid breakfast \$.30—reduced breakfast \$1.75—paid lunch \$.40—reduced lunch	<div style="text-align: center;">  Spring </div> <div style="text-align: center;"> Food Service Director Alaina Avery 717-838-1331 Email: alaina_avery@pasd.us </div>				